



Birmingham Children's Hospital is a teaching hospital, aiming to ensure that health care students know about arthritis and related diseases. There may be students learning about this in clinic, but you will be asked if you are happy for them to sit in the consultation room. If you would rather not, please do not hesitate to say so.

If you need an interpreter, signer or any other assistance. Please ask a relative or friend to inform us at least 24 hours before your appointment and we will arrange for an interpreter / signer to attend. If you require any other assistance, please tell us and we will do our best to help.

If you wish to make a complaint. If you are not happy with any aspect of your care, please tell us so we can try to help. If you would like to speak to someone else, you can talk to the Patient Advocacy and Liaison Service (PALS), who can be contacted via the Welcome Desk or by calling (0121) 333 8403 / 8611.

Data Protection

We collect information about you and your family relevant to your diagnosis and treatment. We store it in written records and on computer. We may have to share some of your information with other people and organisations. If you have any questions and/or do not want us to share that information with others, please talk to the Rheumatology team or contact PALS (Patient Advice and Liaison Service) on 0121 333 8403/8611.

Contact details

Please contact the Rheumatology Department as follows:

Clinic and joint injection appointments

Rheumatology Secretaries (0121) 333 8208/9

Physio/Occupational Therapy (0121) 333 8221/8213

Nurse Queries (0121) 333 8219/20

Orthotics Appointments (0121) 333 9480

Data Protection

We collect information about our young people and families relevant to their diagnosis and treatment. We store it in written records and on computer. We may have to share some of your information with other people and organisations. If you have any questions and/or do not want us to share that information with others, please talk to the Adolescent Rheumatology team or contact PALS (Patient Advice and Liaison Service) on (0121) 333 8403/8611.



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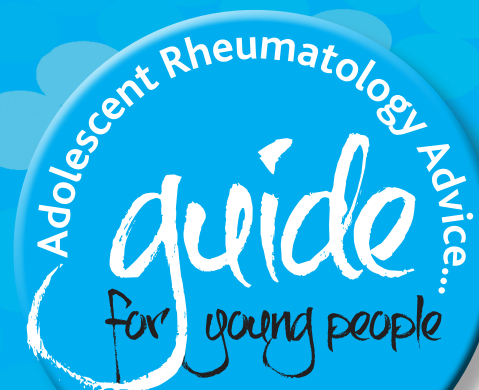
E: questions@kidslikeus.info
www.kidslikeus.info



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The Rheumatology Team



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The Rheumatology Team

The Rheumatology team at Birmingham Children's Hospital cares for around 800 children and young people with a wide variety of rheumatic conditions. Our patients come from throughout the West Midlands and beyond. The team includes a range of specialist health professionals and secretarial support who all work closely together, with the aim of providing the highest possible standard of care for our patients and their families.

The Doctors

Dr Clive Ryder, Prof. Tauny Southwood, Dr Penny Davis, Dr Katie Harrison and Dr Eslam Al-Abadi are the Rheumatology team consultants. There are also junior doctors working alongside them. Some of these doctors are training to become paediatric rheumatologists. They will usually discuss patients with the Consultant in clinic before making a final decision with you. Occasionally Consultant Rheumatologists from other hospitals will visit BCH and also take part in clinics.

The Nurses

Pam Whitworth and Nicky Freeman are Rheumatology nurse specialists who can support you in a wide variety of areas. Their role includes education of parents and young people about their condition and its symptoms, education regarding drug treatments and monitoring, referral to other team members as appropriate and providing emotional support to children/young people and their families.

The Therapists

Jill Maxwell, Lottie Mayne and Claire Pidgeon are the Rheumatology team therapists. Jill and Lottie are the Physiotherapists. They can suggest useful exercises to keep joints mobile and muscles strong and also enjoyable ways for children and young people with rheumatic conditions to keep generally fit and healthy. They can also advise about participation in school sports and P.E. Claire is the Occupational Therapist (OT) who can offer practical help & advice about maintaining independence with every day activities e.g. self care, school/college/play/leisure and careers. She can also help with relaxation skills and confidence-building! There is also a rotational Physio and OT.

The Research Team:

The research team consists of a Research Nurse Ruth Howman, and studies co-ordinator Bev Thomas. They identify eligible participants to studies and give information where appropriate. They recruit patients/families willing to be involved and follow them up. They also support KLU through patient liaison during their clinic appointments.

Young people and families worker

The Arthritis Care Young peoples and Families worker is Dawn Bovey-Pilkington she is a member of the multi-disciplinary team and is available at adolescent clinic. Her role is to provide young people with practical information and support. She organises a range of events including days out, workshops and residential weekends to give young people the opportunity to meet others living with arthritis.

The Secretaries

Wendy Hayes and Miriam Sadler are the departmental secretaries. They give vital support to the team and are the first point of contact for parents/young people regarding appointment and admission enquiries.



At any given time 1 in 1000 children will also suffer from Arthritis

1 in 3 people in Birmingham suffer from Arthritis or inflammatory conditions

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